# Unit instruction

## Flow 1

1. **Introduction**
2. **Presentation of Content**  
   In-class (day 1)  
   In class, students are introduced to the topic and begin to engage with the content.
3. **Practice**  
   Out-of-class  
   Students do practice activities out of class after the initial class session.
4. **Application or integration**  
   In-class (day 2)  
   After practicing out of class, students work through application activities in class.

## Flow 2

1. **Introduction**
2. **Presentation of Content**Out-of-classStudents engage with content before class (readings, videos, etc.) and come prepared to participate in practice activities and/or discussions.
3. **Practice**In-classIn class, students participate in learning activities that reinforce knowledge and dispel any misconceptions.
4. **Application or integration**Out-of-class (after class)  
   When they are ready, students work on application-type activities.